

# NORTH FRESNO ROTARY

***BULLETIN FOR JUNE 9, 2016***

Rotary Club of North Fresno  
Chartered: October 5, 1948  
District: 5230  
email: [northfresnorotary.org](mailto:northfresnorotary.org)  
Current Members: 98



## **Upcoming Meeting Events:**

June 16: Surprise film

June 23: Last meeting for BERNADETTE: She gets roasted and toasted

June 30: Social gathering

## **Future Club Events:**

June 23: Demotion Roast for the Honorable BERNADETTE HANSEN.

No Guest Speaker scheduled, it will not be without a surprise!

June 24: DEMOTION PARTY FOR BERNADETTE HANSEN

Time: 6:00PM-11:00PM.

Location: Ft Washington Golf Club

July 9, 2016: First Annual Run for Humanity along with the Pancake Breakfast

July 9, 2016: Annual Pancake Breakfast. 7:00AM-11:AM

Fig Garden Village @ Elbow Room.

If you are making arrangements for program, please verify the program/presenter are correct when you submit for publication.

**Future Volunteer Bulletin Reporters:**

June 16: Neal Howard, since Doyle is commuting less from the Coast.

June 23: Neal Howard, standing in for our next Prez Elect

June 30: Jim "Sy" Sizemore

July 7: Eric Mayu; if the baby is born around then, the current editor Neal Howard will stand in for his final edition.

In the absence of our Sergeant at Arms, the meeting was called to order by **PRESIDENT BERNADETTE HANSEN** at the Break the Barriers facility on Cedar Avenue.

- Invocation: **PAUL MASQUELIER**
- Flag Salute: **NEAL HOWARD**

There was no raffle done for this week. Guests were introduced, and then the group had a meal consisting of Chinese Chicken Salad with a dessert tray of soft baked chocolate chip, white macadamia nut and oatmeal raisin cookies.

**DEBI HERGENRADER**, founder of Break the Barriers provided some introductory remarks about the program before we toured the facility. We were filled with anticipation to see the Galileo machine, which we had helped to purchase.

**TYLER HERGENRADER**, Debi's son, gave a short presentation about how he had become involved with creating the Break the Barriers Veteran's program and how they forged this unique relationship with the Veteran's Administration in order to provide the use of the Galileo equipment. His passion for the vets and their situation shined through for all to see.

Following lunch, the group was taken to the room where the Galileo equipment is used. We met a couple of the veterans who are participating in the HOPE program through Break the Barriers, as well as **RACHEL** the lead physical therapist in charge. One veteran in particular, Larry, related his story of having fallen 30 feet to a concrete floor, and lived to tell us about it. During his recovery, he had been told that he would have to spend the rest of his life wheel chair bound, and in the cycle of using pain medications to address those issues.

Well, thanks to being able to enroll in the HOPE program putting in countless hours working hard at his recovery, Larry was standing before us retelling his story, has been able to regain the ability to walk, and is a living testament to the value of the Galileo equipment.

The principle behind Galileo, created by scientists in Germany, is to send continual pulses along the various nerve and muscle tracts. It can send these impulses at the astonishing rate of 2700 beats/second. This awakens these dormant nerve and muscle groups, and reminds them they can still function even in the face of the damage created by the injuries. Over the course of the treatment

sessions, patients are able to regain a certain degree of normal function. It is truly amazing in the mind of this author.

The equipment used is an exam room type table, a commercial platform device, and a square 'dumbbell' for hands and arms. The table costs \$15,000, the platform \$8,000 and the arm apparatus \$3000. Not inexpensive, but judging from the results the group saw, well worth our investment.

Break the Barriers is one of a few centers using the Galileo nation wide. Fresno Veterans receive the services for free once they fill out some forms required by the VA, and members of the public may use the equipment for \$40/hour. Currently, there are 20 veterans in the program, with more planned for the future. Several of the members of this program participate in the Valor games, and have created quite a reputation for the Central Valley by taking home a majority of medals given out at these Olympics.

For more information about the machinery, we were referred to the [stimdesign.com](http://stimdesign.com) website.

After a lively Q and A about Galileo, we finished the tour by visiting the Archery and swimming pool areas at the facility.

In conclusion, a rousing NFR thank you to DEBI and her family for beginning Break the Barriers over 30 years ago, having the courage to use new methods of physical therapy and having the compassion for our veterans to use Galileo in helping them recover from the injuries they have incurred in their service to our country.







**If you are responsible for one of the above events, please review it for accuracy/correctness of the topic/presenters**